

# Beautiful Boy By Sheff David Hardcover

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**Schizo** - Nic Sheff 2015-09-08

The fascinating, shocking, and ultimately quite hopeful story of one teen's downward spiral into mental illness by the bestselling author of *Tweak* and son of David Sheff (author of *Beautiful Boy*, the memoir adapted into a movie of the same name starring Steve Carell and Timothée Chalamet). Miles is the ultimate unreliable narrator—a teen recovering from a schizophrenic breakdown who believes he is getting better . . . when in reality he is growing worse. Driven to the point of obsession to find his missing younger brother, Teddy, and wrapped up in a romance that may or may not be the real thing, Miles is forever chasing shadows. As Miles feels his world closing around him, he struggles to keep it open, but what you think you know about his world is actually a blur of gray, and the sharp focus of reality proves startling. Written by Nic Sheff, son of David Sheff (author of *Beautiful Boy*, the memoir adapted into a movie of the same name starring Steve Carell and Timothée Chalamet), *Schizo* is the fascinating, and ultimately quite hopeful, story of one teen's downward spiral into mental illness as he chases the clues to a missing brother. Perfect for fans of *Thirteen Reasons Why*, *The Perks of Being a Wallflower*, and *It's Kind of a Funny Story*. "This spare book is a well-written, but painful, read, as readers come to understand the hopelessness Miles feels about his life and his future."—VOYA "In his first novel, memoirist Sheff (*Tweak*) provides an insightful perspective on one teen's struggle with mental illness."—Publishers Weekly

**Clean** - David Sheff 2013

Combines personal stories and experiences with

cutting edge research to describe a new way of treating substance addiction as well as accompanying mental illnesses.

**We All Fall Down** - Nic Sheff 2011-04-05

In his follow-up to his bestselling memoir *Tweak: Growing Up On Methamphetamines*, Nic Sheff reveals a brutally honest account of a young person's struggles with relapse and rehab. In his bestselling memoir *Tweak*, Nic Sheff took readers on an emotionally gripping roller-coaster ride through his days as an addict. In this powerful follow-up about his continued efforts to stay clean, Nic writes candidly about eye-opening stays at rehab centers, devastating relapses, and hard-won realizations about what it means to be a young person living with addiction. By candidly revealing his own failures and small personal triumphs, Nic inspires readers to maintain hope and to remember that they are not alone in their battles. A group reading guide is included. Nic Sheff's *Tweak*, *We All Fall Down*, and his father's memoir about him (*Beautiful Boy*) are the basis of the film *Beautiful Boy* starring Steve Carell and Timothée Chalamet.

**Addict in the Family** - Beverly Conyers 2009-06-03

Close-quarters and high-stress family life during the coronavirus pandemic may have you worried about a loved one's use or addictions, and what you can do to help. This book offers wisdom and insight from families who have walked this road. With over 75,000 copies sold, *Addict in the Family* is a must-have, trusted resource for anyone coping with the addiction of a family member. "When my eldest son became addicted to crystal meth and heroin, I could barely

function. I would not have survived without Beverly Conyers's *Addict in the Family*, which provided guidance and hope. I realized I wasn't alone on my hellish journey. The book helped me get through interminable nights when I was terrified that his addiction would take his life. It offered a path to healing." -David Sheff, author of *Beautiful Boy*, now a major motion picture. With years of experience struggling with her daughter's addiction and recovery, Beverly Conyers has been where you are. In *Addict in the Family*, Conyers draws on research, experience, and compelling personal stories from others to explain what families should know about substance abuse, interventions, relapse, and more. Although families can't cure a loved one's addiction, they can provide support without enabling, set boundaries, prioritize self-care, and find healing through therapy, spirituality, Al Anon or Nar Anon, and countless other resources that show no one is alone on this journey. Revised and updated in 2015, this classic recovery book is for anyone who has experienced the shame, anxiety, sleepless nights, and physical illness that often stem from loving someone who is struggling with addiction. These stories show that, no matter what is happening with your loved one, you have the power to control your own recovery.

**Leave Out the Tragic Parts** - Dave Kindred  
2021-02-02

Dave Kindred's extraordinary investigation of the death of his grandson yields a powerful memoir of addiction, grief, and the stories we choose to tell our families and ourselves. Jared Kindred left his home and family at the age of eighteen, choosing to wander across America on freight train cars and live on the street. Addicted to alcohol most of his short life, and withholding the truth from many who loved him, he never found a way to survive. Through this ordeal, Dave Kindred's love for his grandson has never wavered. *Leave Out the Tragic Parts* is not merely a reflection on love and addiction and loss. It is a hard-won work of reportage, meticulously reconstructing the life Jared chose for himself--a life that rejected the comforts of civilization in favor of a chance to roam free. Kindred asks painful but important questions about the lies we tell to get along, and what binds families together or allows them to

fracture. Jared's story ended in tragedy, but the act of telling it is an act of healing and redemption. This is an important book on how to love your family, from a great writer who has lived its lessons.

**China Dawn** - David Sheff 2002-03-19

Looks at the technological breakthroughs sweeping through China and discusses the challenges facing top thinkers and entrepreneurs.

**Between Breaths** - Elizabeth Vargas  
2016-09-13

Beloved former ABC 20/20 anchor Elizabeth Vargas reveals her alcohol addiction and anxiety disorder in a shockingly honest and emotional memoir. Winner of the Books for a Better Life Award in the First Book category. Instant New York Times and USA Today Bestseller. From the moment she uttered the brave and honest words, "I am an alcoholic," to interviewer George Stephanopoulos, Elizabeth Vargas began writing her story, as her experiences were still raw. Now, in *BETWEEN BREATHS*, Vargas discusses her accounts of growing up with anxiety--which began suddenly at the age of six when her father served in Vietnam--and how she dealt with this anxiety as she came of age, eventually turning to alcohol for a release from her painful reality. The now-A&E Network reporter reveals how she found herself living in denial about the extent of her addiction, and how she kept her dependency a secret for so long. She addresses her time in rehab, her first year of sobriety, and the guilt she felt as a working mother who could never find the right balance between a career and parenting. Honest and hopeful, *BETWEEN BREATHS* is an inspiring read.

**That Bird Has My Wings** - Jarvis Jay Masters  
2009-09-22

OPRAH'S BOOK CLUB PICK 2022 "When I think about the fact that society, a nation, has sentenced me to death, all I can do is turn inside myself, to the place in my heart that wants so desperately to feel human, still connected to this world, as if I have a purpose." The moving memoir of a Death Row inmate who discovers Buddhism and becomes an inspirational role model for fellow inmates, guards, and a growing public. In 1990, while serving a sentence in San Quentin for armed robbery, Jarvis Jay Masters was implicated as an accessory in the murder of

a prison guard. A 23-year-old Black man, Jarvis was sentenced to death in the gas chamber. While in the maximum security section of Death Row, using the only instrument available to him—a ball-point pen filler—Masters's astounding memoir is a testament to the tenacity of the human spirit and the talent of a fine writer. Offering us scenes from his life that are at times poignant, revelatory, frightening, soul-stirring, painful, funny and uplifting, *That Bird Has My Wings* tells the story of the author's childhood with parents addicted to heroin, an abusive foster family, a life of crime and imprisonment, and the eventual embracing of Buddhism. Masters's story drew the attention of luminaries in the world of American Buddhism, including Pema Chodron, who wrote a story about him for *O Magazine* and offers a foreword to the book. Thirty-two years after his conviction, Masters is still on Death Row. A growing movement of people believe Masters is innocent, and are actively working within the legal system to free him.

*Red Sparrow* - Jason Matthews 2013-06-04  
SOON TO BE A MAJOR MOTION PICTURE  
starring Jennifer Lawrence, Joel Edgerton and Jeremy Irons. Dominika Egorov, former prima ballerina, is sucked into the heart of Putin's Russia, the country she loved, as the twists and turns of a betrayal and counter-betrayal unravel. American Nate Nash, idealistic and ambitious, handles the double agent, codenamed MARBLE, considered one of CIA's biggest assets. He needs to keep his identity secret for as long as the mole can keep supplying golden information. Will Dominika be able to unmask MARBLE, or will the mission see her faith destroyed in the country she has always passionately defended? 'A great and dangerous spy-game is being played today between Russian intelligence and the CIA. Very few people know about it, including many of our politicians in Washington. But Jason Matthews does, and his thrilling *Red Sparrow* takes us deep inside this treacherous world. He's an insider's insider. He knows the secrets. And he is also a masterful story-teller. I loved this book and could not put it down. Neither will you' Vince Flynn 'Not since the good old days of the Cold War has a classic spy thriller like *Red Sparrow* come along. Jason Matthews is not making it up; he has lived this life and this story,

and it shows on every page. High-level espionage, pulse-pounding danger, sex, double agents and double crosses. What more can any reader want?' Nelson DeMille

**Note Found in a Bottle** - Susan Cheever  
2015-09-01

Born into a world ruled and defined by the cocktail hour, in which the solution to any problem could be found in a dry martini or another glass of wine, Susan Cheever led a life both charmed and damned. She and her father, the celebrated writer John Cheever, were deeply affected and troubled by alcohol. Addressing for the first time the profound effects that alcohol had on her life, in shaping of her relationships with men and in influencing her as a writer, Susan Cheever delivers an elegant memoir of clear-eyed candor and unsettling immediacy. She tells of her childhood obsession with the niceties of cocktails and all that they implied -- sociability, sophistication, status; of college days spent drinking beer and cheap wine; of her three failed marriages, in which alcohol was the inescapable component, of a way of life that brought her perilously close to the edge. At once devastating and inspiring, *Note Found in a Bottle* offers a startlingly intimate portrait of the alcoholic's life -- and of the courageous journey to recovery.

*The Buddhist on Death Row* - David Sheff  
2020-08-04

The #1 New York Times bestselling author of *Beautiful Boy* explores the transformation of Jarvis Jay Masters who has become one of America's most inspiring Buddhist practitioners while locked in a cell on death row. Jarvis Jay Masters's early life was a horror story whose outline we know too well. Born in Long Beach, California, his house was filled with crack, alcohol, physical abuse, and men who paid his mother for sex. He and his siblings were split up and sent to foster care when he was five, and he progressed quickly to juvenile detention, car theft, armed robbery, and ultimately San Quentin. While in prison, he was set up for the murder of a guard—a conviction which landed him on death row, where he's been since 1990. At the time of his murder trial, he was held in solitary confinement, torn by rage and anxiety, felled by headaches, seizures, and panic attacks. A criminal investigator repeatedly offered to

teach him breathing exercises which he repeatedly refused. Until desperation moved him to ask her how to do “that meditation shit.” With uncanny clarity, David Sheff describes Masters’s gradual but profound transformation from a man dedicated to hurting others to one who has prevented violence on the prison yard, counseled high school kids by mail, and helped prisoners—and even guards—find meaning in their lives. Along the way, Masters becomes drawn to the principles that Buddhism espouses—compassion, sacrifice, and living in the moment—and he gains the admiration of Buddhists worldwide, including many of the faith’s most renowned practitioners. And while he is still in San Quentin and still on death row, he is a renowned Buddhist thinker who shows us how to ease our everyday suffering, relish the light that surrounds us, and endure the tragedies that befall us all.

Beautiful Boy - David Sheff 2009

The story of one teenager's descent into methamphetamine addiction is told from his father's point of view, describing how a varsity athlete and honor student became addicted to the dangerous drug and its impact on his family.

**Little Women** - Louisa May Alcott 2019-11-05  
Discover Louisa May Alcott’s classic novel—now featuring gorgeous photos from Greta Gerwig’s big-screen adaptation—in this stunning keepsake reproduction of the book as seen in the film! Readers have been falling for the timeless story of sisters Meg, Jo, Beth, and Amy as they navigate hardship and adventure in post-Civil War Concord, Massachusetts, for more than 150 years. This new keepsake edition of the classic novel is illustrated throughout with gorgeous black-and-white photos from the film adaptation written for the screen and directed by Greta Gerwig, and starring Timothée Chalamet, Chris Cooper, Laura Dern, Louis Garrel, James Norton, Bob Odenkirk, Florence Pugh, Saoirse Ronan, Eliza Scanlen, Meryl Streep, and Emma Watson, perfect for a new generation of fans. It is the ultimate introduction to Lousia May’s Alcott’s classic tale as well as a must-have keepsake for fans of the film.

Cocaine's Son - Dave Itzkoff 2011-01

The New York Times cultural reporter and author of *Lads* describes the impact of his drug-addict father on his early childhood, tracing his

efforts as an adult to rebuild their relationship and untangle his father's tragic and complicated past.

*My Remarkable Journey* - Katherine Johnson  
2021-05-25

The remarkable woman at heart of the smash New York Times bestseller and Oscar-winning film *Hidden Figures* tells the full story of her life, including what it took to work at NASA, help land the first man on the moon, and live through a century of turmoil and change. In 2015, at the age of 97, Katherine Johnson became a global celebrity. President Barack Obama awarded her the prestigious Presidential Medal of Freedom—the nation’s highest civilian honor—for her pioneering work as a mathematician on NASA’s first flights into space. Her contributions to America’s space program were celebrated in a blockbuster and Academy-award nominated movie. In this memoir, Katherine shares her personal journey from child prodigy in the Allegheny Mountains of West Virginia to NASA human computer. In her life after retirement, she served as a beacon of light for her family and community alike. Her story is centered around the basic tenets of her life—no one is better than you, education is paramount, and asking questions can break barriers. The memoir captures the many facets of this unique woman: the curious “daddy’s girl,” pioneering professional, and sage elder. This multidimensional portrait is also the record of a century of racial history that reveals the influential role educators at segregated schools and Historically Black Colleges and Universities played in nurturing the dreams of trailblazers like Katherine. The author pays homage to her mentor—the African American professor who inspired her to become a research mathematician despite having his own dream crushed by racism. Infused with the uplifting wisdom of a woman who handled great fame with genuine humility and great tragedy with enduring hope, *My Remarkable Journey* ultimately brings into focus a determined woman who navigated tough racial terrain with soft-spoken grace—and the unrelenting grit required to make history and inspire future generations.

*Hiddensee* - Gregory Maguire 2017-10-31

The author of the beloved New York Times bestseller *Wicked* returns with an inventive

novel inspired by a timeless holiday legend, intertwining the story of the famous Nutcracker with the life of the mysterious toy maker named Drosselmeier who carves him. *Hiddensee: An island of white sandy beaches, salt marshes, steep cliffs, and pine forests north of Berlin in the Baltic Sea, an island that is an enchanting bohemian retreat and home to a large artists' colony-- a wellspring of inspiration for the Romantic imagination . . .* Having brought his legions of devoted readers to *Oz* in *Wicked* and to *Wonderland* in *After Alice*, Maguire now takes us to the realms of the Brothers Grimm and E. T. A. Hoffmann-- the enchanted Black Forest of Bavaria and the salons of Munich. *Hiddensee* imagines the backstory of the Nutcracker, revealing how this entrancing creature came to be carved and how he guided an ailing girl named Klara through a dreamy paradise on a Christmas Eve. At the heart of Hoffmann's mysterious tale hovers Godfather Drosselmeier-- the ominous, canny, one-eyed toy maker made immortal by Petipa and Tchaikovsky's fairy tale ballet-- who presents the once and future Nutcracker to Klara, his goddaughter. But *Hiddensee* is not just a retelling of a classic story. Maguire discovers in the flowering of German Romanticism ties to Hellenic mystery-cults-- a fascination with death and the afterlife-- and ponders a profound question: How can a person who is abused by life, shortchanged and challenged, nevertheless access secrets that benefit the disadvantaged and powerless? Ultimately, *Hiddensee* offers a message of hope. If the compromised Godfather Drosselmeier can bring an enchanted Nutcracker to a young girl in distress on a dark winter evening, perhaps everyone, however lonely or marginalized, has something precious to share.

**High** - David Sheff 2019

*Just Say Know!* With drug education for children more important than ever, this nonfiction book draws on the experiences of the NY Times bestselling father/son team of David and Nic Sheff to provide all the information teens and tweens need to know about drugs, alcohol, and addiction. From David Sheff, author of *Beautiful Boy* (2008), and Nic Sheff, author of *Tweak: Growing Up on Methamphetamines* (2008), comes the ultimate resource for learning about the realities of drugs and alcohol for middle

grade readers. This book tells it as it is, with testimonials from peers who have been there and families who have lived through the addiction of a loved one, along with the cold, hard facts about what drugs and alcohol do to our bodies. From how to navigate peer pressure to outlets for stress to the potential consequences for experimenting, Nic and David Sheff lay out the facts so that middle grade readers can educate themselves.

Tweak - Nic Sheff 2012-12-11

THE NEW YORK TIMES BESTSELLER NOW A MAJOR FILM, STARRING STEVE CARELL AND BAFTA AND GOLDEN GLOBE NOMINATED TIMOTHEE CHALAMET 'It was like being in a car with the gas pedal slammed down to the floor and nothing to do but hold on and pretend to have some semblance of control. But control was something I'd lost a long time ago.' Nic Sheff was drunk for the first time at age 11. In the years that followed, he would regularly smoke pot, do cocaine and ecstasy, and develop addictions to crystal meth and heroin. Even so, he felt like he would always be able to quit and put his life together whenever he needed to. It took a violent relapse one summer to convince him otherwise. In a voice that is raw and honest, Nic spares no detail in telling us the compelling true story of his relapse and the road to recovery. He paints an extraordinary picture for us of a person at odds with his past, with his family, with his substances, and with himself. *Tweak* is a raw, harrowing, and ultimately hopeful tale of the road from relapse to recovery and complements his father's parallel memoir, *Beautiful Boy*. Praise for Nic Sheff:- 'Difficult to read and impossible to put down.' *Chicago Tribune* 'Nic Sheff's wrenching tale is told with electrifying honesty and insight.' *Armistead Maupin*

*Game Over* - David Sheff 2011-11-02

More American children recognize Super Mario, the hero of one of Nintendo's video games, than Mickey Mouse. The Japanese company has come to earn more money than the big three computer giants or all Hollywood movie studios combined. Now Sheff tells of the Nintendo invasion--a tale of innovation and cutthroat tactics.

Video Games - David Sheff 1994

Discusses parental misconceptions about video games, looks at issues of sex and violence, and

describes the best and worst games

**Keep It Simple** - Anonymous 2009-09-29

A dependable companion for people in all stages of recovery, *Keep It Simple's* meditations bring you back to the basics of living a Twelve Step program. The recovery wisdom in each thought for the day works as an engaging reminder to show up for yourself, your program, and your overall wellness every day. As you go through your journey of recovery with the Steps as your guideposts, these inspirational daily meditations give your spirit a feeling of regular renewal, fellowship, and new beginnings. Each page serves as your cornerstone for a new life, helping you cultivate true health, personal growth, and transformation—in a way that complements the life-changing guidance of Alcoholics Anonymous, Narcotics Anonymous, and other programs. By providing a year's worth of encouragement, reflection, and prayer, *Keep It Simple* becomes the sustaining daily dose of support and strength you can always count on. Cherished by millions for decades, this recovery classic is an expansive collection of insight and guidance. Weaving together traditional teachings and diverse voices, it's your daily invitation to a practice of mindfulness, therapeutic healing, and overcoming addiction.

**The Memoirs of a Beautiful Boy** - Robert Leleux 2008-01-08

The author describes his east Texas boyhood and coming of age with his eccentric, flamboyant mother, his life on their in-laws' horse ranch, his mother's successful quest to land a wealthy husband, and meeting his future life partner, Michael.

**Losing It** - Valerie Bertinelli 2008-02-25

Valerie Bertinelli, then: bubbly sitcom star and America's Sweetheart turned tabloid headline and rock star wife. Now: actress, single working mother of teenage rock star, and weight-loss inspiration to millions. We all knew and loved Valerie Bertinelli years ago when she played girl-next-door cutie Barbara Cooper in the hit TV show *One Day at a Time*, and then starred in numerous TV movies. From wholesome primetime in America's living rooms, Valerie moved to late nights with the hardest-partying band of the decadent eighties when she became, at twenty, wife to rock guitarist Eddie Van Halen. *Losing It* is Valerie's frank account of her

life backstage and in the spotlight. Here are the ups and downs of teen stardom, of her complicated marriage to a brilliant, tormented musical genius, and of her very public struggle with her weight. Surprising, uplifting, and empowering, *Losing It* takes you behind the scenes of Valerie's acting career and marriage, recalling the comforts, friendships, and problems of her television family, her close relationships with her parents and brothers, the stress and worries of being the wife of a rock star, and the joys of motherhood. Like many women, Valerie often remembers the state of her life by the food she ate and the numbers on her scale. So despite her celebrity, Valerie's voice is so down-to-earth, honest, and appealing that you'll feel as if you're talking with a girlfriend over coffee. Funny and candid, Valerie recounts her attempts to maintain a healthy self-image while dealing with social pressures to look and act a certain way, and to overcome career insecurities and relationship problems, all of which will be familiar to the hundreds of thousands of women who struggle every day with these same issues. From marital turmoil to the joys of a new career, from being named among Penthouse's ten sexiest women in the world to overhearing whispers about her weight gain in the grocery store, this is Valerie's inspiring journey as she finds new love, raises a terrific kid, and motivates other women as a spokesperson for Jenny Craig.

**Guts** - Kristen Johnston 2013-01-22

The actress best known for her work on "3rd Rock from the Sun" traces the story of her career and the personal difficulties that challenged her after "3rd Rock" ended.

**Fathers and Sons** - David Seybold 1995

The celebrated editor of *Seasons of the Angler* and *Boats* once again brings together some of the best writers of our time in this collection of essays, poems, and stories that examine the mysteries of the relationships between fathers and sons--24 pieces that sound a poignant and deeply honest tribute to men in all their mortality.

**When Your Partner Has an Addiction** -

Christopher Kennedy Lawford 2016-10-04

Your partner's addiction takes a toll on both of your lives. That doesn't mean you should turn your back on the person you love. We've been

told that staying with a partner who struggles with addiction—whether it be with drugs, alcohol, or addictive behaviors—means that we're enabling their destructive behavior. That wanting to help them means we're codependent, and that the best thing for both of us is to walk away from the relationship entirely. But is that true? *When Your Partner Has an Addiction* challenges the idea that the best chance for recovery—for the addict and their partner—is to walk away. Instead, it makes the revolutionary claim that you, and the love you have for your partner, can be a key part of his or her journey to recovery. Together, addiction activist and bestselling author Christopher Kennedy Lawford and psychotherapist Beverly Engel, MFT, take a fresh look at addiction and codependency—the latest research on what causes them and what the two have in common. Rather than treat addiction or codependency as disease or weakness, *When Your Partner Has an Addiction* honors the trauma and shame that often lie at their source and shows you how to use your love to combat that shame, allowing you to more effectively support your partner and heal yourself. The research proves that, while you cannot "fix" your partner, you can have a positive impact on their recovery. Whether you suffer from codependency, and whether your partner is already in recovery, *When Your Partner Has an Addiction* provides you with proven techniques and strategies to drastically improve your relationship and help get your partner the help he needs—without leaving and while taking care of yourself in the process.

**Harmony House** - Nic Sheff 2016-03-22

Carrie meets American Horror Story meets *The Shining* in this terrifying YA horror novel from the author of *Tweak* and *Schizo*. Something's not right in Beach Haven. Jen Noonan's father thinks a move to Harmony House is the key to salvation, but to everyone who has lived there before, it is a portal to pure horror. After her alcoholic mother's death, Jen's father cracked. He dragged Jen to a dilapidated old manor on the shore of New Jersey to start their new lives—but Jen can tell that the place has an unhappy history. She can feel it the same way she can feel her anger flowing out of her, affecting the world in strange ways she can't explain. But Harmony House is more than just a

creepy old estate. It's got a chilling past—and the more Jen discovers its secrets, the more the house awakens. Visions of a strange boy who lived in the house long ago follow Jen wherever she goes, and her father's already-fragile sanity disintegrates before her eyes. As the forces in the house join together to terrorize Jen, she must find a way to escape the past she didn't know was haunting her—and the mysterious and terrible power she didn't realize she had.

**Impossible Owls** - Brian Phillips 2018-10-02  
NEW YORK TIMES BESTSELLER. SEMI-FINALIST FOR THE PEN/DIAMONSTEIN-SPIELVOGEL AWARD FOR ART OF THE ESSAY. One of Amazon, BuzzFeed, ELLE, Electric Literature and Pop Sugar's Best Books of 2018. Named one of the Best Books of October and Fall by Amazon, BuzzFeed, TIME, Vulture, The Millions and Vol. 1 Brooklyn. "Hilarious, nimble, and thoroughly illuminating." —Colson Whitehead, author of *The Underground Railroad* A globe-spanning, ambitious book of essays from one of the most enthralling storytellers in narrative nonfiction In his highly anticipated debut essay collection, *Impossible Owls*, Brian Phillips demonstrates why he's one of the most iconoclastic journalists of the digital age, beloved for his ambitious, off-kilter, meticulously reported essays that read like novels. The eight essays assembled here—five from Phillips's Grantland and MTV days, and three new pieces—go beyond simply chronicling some of the modern world's most uncanny, unbelievable, and spectacular oddities (though they do that, too). Researched for months and even years on end, they explore the interconnectedness of the globalized world, the consequences of history, the power of myth, and the ways people attempt to find meaning. He searches for tigers in India, and uncovers a multigenerational mystery involving an oil tycoon and his niece turned stepdaughter turned wife in the Oklahoma town where he grew up. Through each adventure, Phillips's remarkable voice becomes a character itself—full of verve, rich with offhanded humor, and revealing unexpected vulnerability. Dogged, self-aware, and radiating a contagious enthusiasm for his subjects, Phillips is an exhilarating guide to the confusion and wonder of the world today. If John Jeremiah Sullivan's *Pulphead* was the last great collection of New

Journalism from the print era, *Impossible Owls* is the first of the digital age.

*The American Drug Culture* - Thomas S. Weinberg 2017-12-14

*The American Drug Culture* uses sociological and other perspectives to examine drug and alcohol use in U.S. society. The text is arranged topically rather than by drug categories and explores diverse aspects of drug use, including popular culture, sexuality, legal and criminal justice systems, other social institutions, and mental and physical health. It covers alcohol, the most widely used drug in the United States, more extensively than other texts on this subject. The authors include case studies from their own field research that give students empathetic insights into the situations of those suffering from substance and alcohol abuse.

*The Addiction Recovery Skills Workbook* - Suzette Glasner-Edwards 2015-12-01

An Association for Behavioral and Cognitive Therapies (ABCT) Self-Help Book Recommendation. Winner of the 4Th International Beverly Hills Book Awards in the category of Addiction & Recovery! Is your addiction taking control of your life? This book provides an integrative, seven-step program to help you finally overcome drug and alcohol addiction, once and for all. If you struggle with addiction, seeking treatment is a powerful, positive first step toward eventual recovery. But gaining an understanding of the causes of addiction—such as feelings of helplessness or loss of control—is also crucial for recovery. In this book, addiction expert Suzette Glasner-Edwards offers evidence-based techniques fusing cognitive behavioral therapy (CBT), motivational interviewing, and mindfulness-based relapse prevention to help you move past your addictive behaviors. On the long road to addiction recovery, you need as many tools as possible to help you stay sober and reach your destination. That's why this is the first book to combine research-proven motivational techniques, CBT, and mindfulness-based strategies to help you create your own unique recovery plan. The book can be used on its own or as an adjunct to rehab or therapy. It also makes a wonderful resource for loved ones and professionals treating addiction. If you're ready to take that important first step toward recovery,

this book can help you beat your addiction and get back to living a full, meaningful life.

*Are You There, Vodka? It's Me, Chelsea* - Chelsea Handler 2008-04-22

Welcome to Chelsea Handler's world—a place where absurdity reigns supreme and a quick wit is the best line of defense. When Chelsea Handler needs to get a few things off her chest, she appeals to a higher power—vodka. Seems reasonable, when considering that she discovered her boyfriend was having an affair with a Peekapoo and she had to pretend to be honeymooning with her father in order to upgrade to first class. In this highly entertaining, deliciously skewed collection, Chelsea mines her past for stories about her family, relationships, and career that are at once singular and ridiculous. Whether she's convincing her third-grade class that she has been chosen to play Goldie Hawn's daughter in the sequel to *Private Benjamin*, deciding to be more egalitarian by dating a redhead, or looking out for a foulmouthed, rum-swilling little person who looks just like her...only smaller, Chelsea has a knack for getting herself into the most outrageous situations. *Are You There, Vodka? It's Me, Chelsea* showcases the candor and irresistible turns of phrase that have made her one of the freshest voices in comedy today.

*A Wild Winter Swan* - Gregory Maguire 2020-10-06

After brilliantly reimagining the worlds of *Oz*, *Wonderland*, *Dickensian London*, and the *Nutcracker*, the *New York Times* bestselling author of *Wicked* turns his unconventional genius to Hans Christian Andersen's "The Wild Swans," transforming this classic tale into an Italian-American girl's poignant coming-of-age story, set amid the magic of Christmas in 1960s New York. Following her brother's death and her mother's emotional breakdown, Laura now lives on the Upper East Side of Manhattan, in a lonely townhouse she shares with her old-world, strict, often querulous grandparents. But the arrangement may be temporary. The quiet, awkward teenager has been getting into trouble at home and has been expelled from her high school for throwing a record album at a popular girl who bullied her. When Christmas is over and the new year begins, Laura may find herself at boarding school in Montreal. Nearly unmoored

from reality through her panic and submerged grief, Laura is startled when a handsome swan boy with only one wing lands on her roof. Hiding him from her ever-bickering grandparents, Laura tries to build the swan boy a wing so he can fly home. But the task is too difficult to accomplish herself. Little does Laura know that her struggle to find help for her new friend parallels that of her grandparents, who are desperate for a distant relative's financial aid to save the family store. As he explores themes of class, isolation, family, and the dangerous yearning to be saved by a power greater than ourselves, Gregory Maguire conjures a haunting, beautiful tale of magical realism that illuminates one young woman's heartbreak and hope as she begins the inevitable journey to adulthood.

**Lilienfeld's Foundations of Epidemiology** - Dona Schneider 2015

Preceded by *Foundations of epidemiology* / revised by David E. Lilienfeld, Paul D. Stolley. 3rd ed. 1994.

*The Stand (Movie Tie-In Edition)* - Stephen King 2020-12

The tie-in edition of the nine-part CBS All Access series starring Whoopi Goldberg, Alexander Skarsgard, and James Marsden, premiering December 17, 2020. A patient escapes from a biological testing facility, unknowingly carrying a deadly weapon: a mutated strain of super-flu that will wipe out 99 percent of the world's population within a few weeks. Those who remain are scared, bewildered, and in need of a leader. Two emerge--Mother Abigail, the benevolent 108-year-old woman who urges them to build a peaceful community in Boulder, Colorado; and Randall Flagg, the nefarious "Dark Man," who delights in chaos and violence. As the dark man and the peaceful woman gather power, the survivors will have to choose between them--and ultimately decide the fate of all humanity. Stephen King's apocalyptic vision of a world blasted by plague and tangled in an elemental struggle between good and evil remains as riveting and eerily plausible as when it was first published.

**Grace(eventually)** - Anne Lamott 2007

Broken - William Cope Moyers 2007-08-28

Candid, shocking, and unforgettable, *Broken* is a haunting and clear-eyed tale that offers hope for

all those wrestling with addiction Unlike some popular memoirs that have fictionalized and romanticized the degradations of drug addiction, *Broken* is a true-life tale of recovery that stuns and inspires with virtually every page. The eldest son of journalist Bill Moyers, William Cope Moyers relates with unforgettable clarity the story of how a young man with every advantage found himself spiraling into a love affair with crack cocaine that led him to the brink of death-and how a deep spirituality allowed him to conquer his shame, transform his life, and dedicate himself to changing America's politics of addiction. "William Cope Moyers's lucid, measured tale of his own plunge into crack-addled hell [is] frightening in its very realism." -USA Today

*Beautiful Boy* - David Sheff 2018-11

THE NUMBER ONE NEW YORK TIMES BESTSELLER SOON TO BE A MAJOR MOTION PICTURE, STARRING STEVE CARELL AND TIMOTHEE CHALAMET 'What had happened to my beautiful boy? To our family? What did I do wrong?' Those are the wrenching questions that haunted every moment of David Sheff's journey through his son Nic's addiction to drugs and tentative steps toward recovery. Before Nic Sheff became addicted to crystal meth, he was a charming boy, joyous and funny, a varsity athlete and honor student adored by his two younger siblings. After meth, he was a trembling wraith who lied, stole, and lived on the streets. With haunting candour, David Sheff traces the first subtle warning signs: the denial, the 3am phone calls (is it Nic? the police? the hospital?), the attempts at rehab. His preoccupation with Nic became an addiction in itself, and the obsessive worry and stress took a tremendous toll. But as a journalist, he instinctively researched every avenue of treatment that might save his son and refused to give up on Nic. This story is a first: a teenager's addiction from the parent's point of view - a real-time chronicle of the shocking descent into substance abuse and the gradual emergence into hope. *Beautiful Boy* is a fiercely candid memoir that brings immediacy to the emotional rollercoaster of loving a child who seems beyond help. Read the other side of Nic Sheff's bestselling memoir, *Tweak*. Praise for *Beautiful Boy*:- 'A brilliant, harrowing, heartbreaking, fascinating story, full

of beautiful moments and hard-won wisdom. This book will save a lot of lives and heal a lot of hearts'. Anne Lamott 'An important book... moving, timely and startlingly beautiful.' Richard Branson

*Undoing Drugs* - Maia Szalavitz 2021-07-27

From “one of the bravest, smartest writers about addiction anywhere” (Johann Hari, New York Times bestselling author)—the untold story of harm reduction, a surprisingly simple idea with enormous power Drug overdoses now kill more Americans annually than guns, cars or breast cancer. But we have tried to solve this national crisis with policies that only made matters worse. In the name of “sending the right message,” we have maximized the spread of infectious disease, torn families apart, incarcerated millions of mostly Black and Brown people—and utterly failed to either prevent addiction or make effective treatment for it widely available. There is another way, one that is proven to work. However, it runs counter to much of the received wisdom of our criminal and medical industrial complexes. It is called harm reduction. Developed and championed by an outcast group of people who use drugs and by former users and public health geeks, harm reduction offers guidance on how to save lives and improve health. And it provides a way of understanding behavior and culture that has relevance far beyond drugs. In a spellbinding narrative rooted in an urgent call to action, *Undoing Drugs* tells the story of how a small group of committed people changed the world, illuminating the power of a great idea. It illustrates how hard it can be to take on widely accepted conventional wisdom—and what is necessary to overcome this resistance. It is also about how personal, direct human connection and kindness can inspire profound transformation. Ultimately, *Undoing Drugs*

offers a path forward—revolutionizing not only the treatment of addiction, but also our treatment of behavioral and societal issues.

**Now What?** - William Cope Moyers 2012-09-24  
Now What

**The Drug Hunters** - Donald R. Kirsch  
2016-12-13

The surprising, behind-the-scenes story of how our medicines are discovered, told by a veteran drug hunter. The search to find medicines is as old as disease, which is to say as old as the human race. Through serendipity— by chewing, brewing, and snorting—some Neolithic souls discovered opium, alcohol, snakeroot, juniper, frankincense, and other helpful substances. Ötzi the Iceman, the five-thousand-year-old hunter frozen in the Italian Alps, was found to have whipworms in his intestines and Bronze-age medicine, a worm-killing birch fungus, knotted to his leggings. Nowadays, Big Pharma conglomerates spend billions of dollars on state-of-the-art laboratories staffed by PhDs to discover blockbuster drugs. Yet, despite our best efforts to engineer cures, luck, trial-and-error, risk, and ingenuity are still fundamental to medical discovery. *The Drug Hunters* is a colorful, fact-filled narrative history of the search for new medicines from our Neolithic forebears to the professionals of today, and from quinine and aspirin to Viagra, Prozac, and Lipitor. The chapters offer a lively tour of how new drugs are actually found, the discovery strategies, the mistakes, and the rare successes. Dr. Donald R. Kirsch infuses the book with his own expertise and experiences from thirty-five years of drug hunting, whether searching for life-saving molecules in mudflats by Chesapeake Bay or as a chief science officer and research group leader at major pharmaceutical companies.